



The University of
Nottingham

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The Derby Experience

A guide for University of Nottingham students
based at the Royal Derby Hospital Centre

www.nottingham.ac.uk



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Cover image: Students in the cafe at the QUAD arts centre in Derby.



The Royal Derby Hospital Centre is home to over 1,200 medicine and healthcare students.

Introducing Derby

The University of Nottingham's Royal Derby Hospital Centre, based on the site of the Royal Derby Hospital, is fully equipped with academic, social and administrative facilities. It's home to over 1,200 students on the following courses: Graduate Entry Medicine, Graduate Entry Nursing, BSc Nursing and BSc Medical Physiology and Therapeutics.

The centre's location, on the site of a busy and modern hospital, is a fitting focus for healthcare students. As a student based at the Derby site, you'll have the opportunity to join in with activities and events, many of which are organised by the students themselves. It's a friendly, enthusiastic community that caters for students of all ages and backgrounds and is complemented by easy access to a lively city and beautiful countryside.

"Being based at the Royal Derby Hospital is great: there's such a good community among the students. It's easy to navigate and with it being a new and shiny hospital, the facilities are really well thought out. So far, so good!"

Zoe Billyeald

Graduate Entry Nursing student



City life

A few things you might not know about Derby:

- Derby is the most central city in the country
- £2bn is currently being invested in the city – projects include renovating the railway station and transforming the riverside
- Darley Park, near the centre of Derby, hosts the UK's largest free classical music concert (usually in September)
- In a national survey of how happy people are with the place they live, Derby came 11th out of 110*
- Derby's Eagle Centre Market is the largest indoor market in the UK

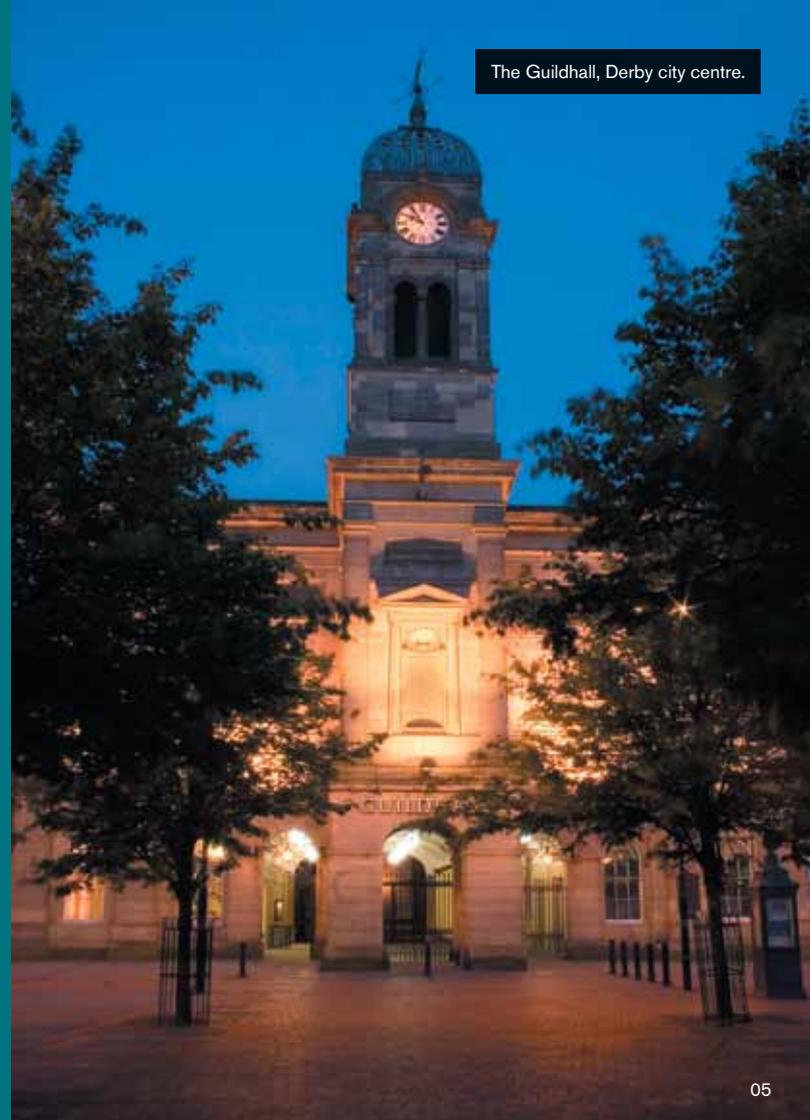
* Happy at Home Index 2013.

“Derby is quite traditional, but in a good way, and the people are warm and friendly. The cost of living is also very reasonable, which was a major factor in why I came here.”

Justin Walker

Graduate Entry Medicine (graduated 2007)

The Guildhall, Derby city centre.





City highlights

Wining and dining

You won't go hungry in Derby: Chinese, French, Greek, Japanese, Indian, Italian, Mexican, Spanish, Thai and Turkish are all on offer. There are high street names like Pizza Express and Zizzi, but also independently run cafes such as Kona Blue and Jack Rabbits to seek out. Don't miss the food and drink or beer festivals either!

Late night Derby

Take your pick from cheesy nightclubs, classy cocktail bars and live music. Derby's also been described in *Lonely Planet* as the "best place to drink real ale in the world".

Cultural fest

For a small city, Derby boasts a surprising variety of performance venues. The Assembly Rooms, the Guildhall, Derby Theatre, Deda (Derby Dance Centre) and the QUAD arts centre all have full programmes, while annual events include the Derby Folk Festival, Darley Park Concert and iD, an international film festival. For something a bit different, check out the Ey Up Mi Duck Race...

Retail therapy

Different areas of the city offer different shopping experiences: there are boutiques in the Cathedral Quarter, traditional high street shopping in St Peter's Quarter and over 190 stores, restaurants and a cinema in the Westfield Centre.

Students at the Westfield Centre which houses over 190 stores, restaurants and a cinema.

For sports fans

Play it or watch it – there are opportunities for both in Derby. Derby County's football stadium, Pride Park, is close to the city and there are facilities for fitness, cycling, rock climbing and sailing in and around the city.

Swadlincote Ski Centre, a few miles from the city, gives you the chance to perfect your skiing or revert to childhood and go tobogganing. You could also try the Royal Shrovetide Football in Ashbourne.

The great outdoors

For a breath of fresh air, try Darley Park by the riverside; Kedleston Hall; and of course, the Peak District National Park. It's the UK's first national park and is easily accessible by bus from Derby city centre. Highlights include Chatsworth House and Bakewell but there are hundreds of walks and miles of impressive scenery.

Employment opportunities

Several students sign up to work as healthcare assistants at the Royal Derby and London Road Community Hospitals.

Find out more:
www.visitderby.co.uk

There are plenty of places around Derby to experience the great outdoors, including Matlock Bath.



Student life

University of Nottingham at Derby Committee

The University of Nottingham at Derby (UNAD) Committee represents all students at Derby and works hard to ensure your experience here is the best it can be. That means organising events and activities (barbecues, fuddles*, nights out, sports days and many more) but also putting forward any ideas or concerns you might have about life at the Derby Campus.

UNAD also helps to fund and facilitate the running of clubs and societies by offering Union facilities and helping to ensure that the clubs act within the codes of conduct and are run in a safe and respectable manner. To the right is a list of what's currently on offer; however, if you want to set up a society or sports club at Derby, and can show that there's an interest in it, UNAD are happy to help in any way they can.

* A fuddle is the local name for a buffet!

Sports clubs

- Basketball
- Climbing
- Football
- Hiking
- Hockey
- Men's Rugby
- Netball
- Outdoor Swimming
- Swimming
- Women's Rugby
- Zumba

Societies

- Bones
- Book Club
- Choir
- Derby Creative Arts Society
- Meditation Society
- Music Society
- Nursing Careers
- Salsa
- Scrubs
- Student's Academic Research Society
- Teddy Bear Hospital
- Yoga

Find out more:

www.su.nottingham.ac.uk/derby



University of Nottingham
Derby Centre

"I became President because I want to improve the student experience here at Derby; not just for the 18-year-old undergraduates but also for the older postgraduates. I want UNAD to be the driving force behind this, encouraging student participation in sports, societies, socials and the Union and – in so doing – to develop a student community in Derby.

Here at Derby you are one of 1,200 odd students, with a union which is run by other students who are studying alongside you. In the sports clubs, if you want to play in a match, they'll play you, and even if you've never even considered the sport or the club before, they will welcome you. It's the same with the societies. So at UNAD we actively encourage students to get involved because we really do listen."

Ash Kumar

Graduate Entry Medicine student and President of The University of Nottingham at Derby Student Committee



It is possible to get involved in a range of sports clubs at Derby.

Students catching up between lectures in Cafe Direct.

Volunteering

The Teddy Bear Hospital project uses fun activities to educate young children about healthcare, so that they feel less anxious if they need to see a doctor or other healthcare professional. The project has recently been set up in Derby, which means you can be involved in visiting local primary schools. As well as being rewarding, it's also a great addition to your CV.

UNAD is also in the process of establishing links with Derby Hospitals Trust and with a hospital in Gambia. In the future, it is hoped that students will be able to gain valuable experience by visiting Gambia over the summer and learning about patient care there. The ultimate goal is to establish an exchange programme between Derby and a medical school in Gambia.

A number of students volunteer in their own time and UNAD is always happy to promote a particular cause and encourage all members to help out in their communities, where possible. As with clubs and societies, they are more than happy to set up volunteer groups.

The Students' Union space

The Students' Union area is a colourful space that can be used ad hoc for meeting up, eating lunch or group studying, and as a bookable venue for activities such as cake sales, choir practice, yoga and zumba. A piano was recently installed and everyone's welcome to play it.

Cafe Direct

Popular at breakfast-time, lunch-time and afternoon tea-time (and for mid-lecture coffees!), the cafe sells hot and cold drinks, sandwiches, wraps, pasties, sweet and savoury snacks and hot food such as baked potatoes and soup. There are vegetarian and halal options too.

Student tip: Costa coffees come with a free shot of syrup!

Facilities at the Royal Derby Hospital Centre

Our building is linked to the hospital via a corridor. Facilities in the main hospital include cafes, restaurants, a small Boots chemist, Marks & Spencer food store, and a cash machine.

Student tip: Once you've got your University Card, show it in the hospital restaurant for a small discount.

Hall life

Many students choose to live close to the Derby site, at self-catered accommodation called Lonsdale Hall. It's been agreed with the University of Derby that certain lodges will be reserved for University of Nottingham healthcare students who are based in Derby.

The benefits of living in halls include:

- a peaceful and convenient location: the halls are a 20-minute walk from the Royal Derby Hospital and 25-minute walk from Derby
- being close to bus routes to the hospital and the city
- not having to worry about utility bills* or contents insurance
- a communications package that includes WiFi in your room, Freeview TV and radio channels through your PC, free internal phonecalls and technical support
- having access to activities organised by the University of Derby Students' Union
- peace of mind: there's a fob entry system, night-time security and staff who are contactable 24 hours a day
- having access to on-site laundry facilities
- secure car parking (chargeable)
- bike storage
- weekly cleaning of communal areas
- free Unibus tickets when you arrive (September starters only)

* Gas, water and electricity bills.

Rooms and flats

You'll have your own single or large study bedroom in a flat that you'll share with six others. Each flat has two separate toilets and two separate shower rooms, a well-equipped kitchen and a lounge with a television.

Find out more: www.derby.ac.uk/halls/nott/lonsdale-hall

Example room in Broadgate Park accommodation at The University of Nottingham.



There are plenty of places for individual and group study in the Derby Course and Student Centre.



Support services

You are welcome to use the support services in Nottingham but may prefer to make an appointment to see an adviser in Derby. The Derby Course and Student Centre has two offices reserved for drop-in sessions and appointments with advisers.

Academic support

Appointments can be made to see an adviser at the Derby site on Tuesdays and Thursdays.

Financial support

Advisers visit Derby twice a term to hold drop-in sessions.

University Counselling Service

Appointments can be made to see a counsellor at the Derby site on Tuesdays and alternate Mondays.

Careers guidance

Appointments can be made to see a careers adviser specialising in guidance for healthcare students.

Faith support

The Faith Centre at the Royal Derby Hospital is available to all students on site. There are prayer facilities available 24 hours a day.

Further details about support services can be found at www.nottingham.ac.uk/studentsservices

Students preparing for a seminar at the Royal Derby Hospital Centre.

Academic and administrative facilities

The bright and airy Derby Course and Student Centre has a wide range of study facilities, as well as comprehensive academic support. There is a thriving academic community and staff are on site and available to see you if you need help with your work or have any questions.

Derby Course and Student Centre

The staff at the new administrative and support centre are a mine of information. They're your first point of call for questions about everything from admissions enquiries to travel expenses on placement. You can also buy printer credit from them and access support services (see page 16) in their dedicated offices.

Student tip: Staff at the student centre are happy to direct you to whichever room you're looking for – good to know when you can't find C8 two minutes before the class begins!

"It's very easy to access the resources you need. My advice would be, if you come, just get involved with everything that you can. There are so many different and interesting people that you can meet."

Stephen Saddington

Medical Physiology and Therapeutics student

Computer facilities

There's a large dedicated computer suite in the Medical School building, plus small clusters opposite the student centre and in the library (see below).

Clinical skills suite

This space is equipped with a wide range of clinical skills equipment and training devices including mannequins that mimic respiratory, cardiac and alimentary symptoms and responses.

NHS library

As a student at Derby, you can join the NHS library and loan up to 20 books at a time. There are around 25,000 loanable items in the library, individual study desks, group study rooms and computers reserved for University of Nottingham students.

The staff are happy to help with searching the databases and there's a mini refreshments area if you need an energy boost.

Student tip: The library often sells old (but still useful) editions of their books. Get in quickly – they go fast!

Student study spaces

A recent addition to the Derby site, the group study room is equipped with computers and there's also a bookable room for practising presentations.

Students have access to plenty of computer facilities, including a large dedicated computer suite.





Practicalities

A few facts:

- The city of Derby has a population of around 240,000
- Derby is close to the M1, the M6, East Midlands Airport and is on a direct train line to London St Pancras
- Officially opened in 2010, the Royal Derby is the newest hospital in the East Midlands
- The University of Nottingham's Royal Derby Hospital Centre is linked to the hospital via a corridor

The hospital is based just over two miles to the south west of Derby city centre. Paid on-site parking is available and the site is well served by public transport.

Students catching up between lectures in the grounds of the Royal Derby Hospital.

From Nottingham

The University provides a free return bus from University Park Campus in Nottingham – the journey takes 40-50 minutes, depending on traffic.

The Indigo service, operated by Trent Barton, runs between Nottingham and the centre of Derby, picking up in Beeston, Chilwell, Long Eaton, Draycott, Spondon and other areas. The journey time is around an hour and a student Mango card entitles you to a 35% discount.

A faster bus service (30 minutes from Nottingham to Derby bus station) is the Red Arrow, which stops to pick up and drop off at the Queen's Medical Centre in Nottingham.

There are regular, frequent trains between Nottingham and Derby – journey time is 20-30 minutes.

From Derby city centre

The Royal Derby bus, also operated by Trent Barton, runs between London Road Community Hospital (with a stop near the railway station) and the Royal Derby Hospital – journey time is around 20 minutes.

Find out more:
www.trentbarton.co.uk

Cycle facilities

There are cycle lanes around the Royal Derby Hospital, bike stands by the Derby Course and Student Centre, and male and female shower facilities and a drying cabinet just inside the building. Students based at Derby are eligible for the University bike hire scheme – bikes can be collected from King's Meadow Campus in Nottingham and can be transported on the hopper buses.

Find out more:
www.nottingham.ac.uk/ucycle



There is a free return bus from University Park Campus in Nottingham to the Royal Derby Hospital Centre.

Visiting and contacting us

The administrators for each of the courses based in Derby will be happy to answer your questions about the campuses and to tell you about upcoming open days. You can also speak to staff in the Derby Course and Student Centre or look at the school websites.

BMBS Graduate Entry Medicine
School of Medicine
t: +44 (0)1332 724 900
e: gem@nottingham.ac.uk
w: www.nottingham.ac.uk/gem

MSc Graduate Entry Nursing
(for Adult, Child or Mental Health fields)
School of Health Sciences
t: +44 (0)800 316 8974
e: nursing-enquiries@nottingham.ac.uk
w: www.nottingham.ac.uk/healthsciences

BSc Medical Physiology and Therapeutics (formerly BSC Healthcare Science)
School of Medicine
t: +44 (0)1332 724 900
e: medicalphysiology@nottingham.ac.uk
w: www.nottingham.ac.uk/gem

BSc Nursing (only the Adult field is available at Derby)
School of Health Sciences
t: +44 (0)800 316 8974
e: nursing-enquiries@nottingham.ac.uk
w: www.nottingham.ac.uk/healthsciences

Research degrees
School of Medicine
t: +44 (0)1332 724 920
e: julia.varney@nottingham.ac.uk
w: www.nottingham.ac.uk/gem/research

Derby Course and Student Centre
t: +44 (0)1332 724 900

The postal address for all courses is:
The University of Nottingham
Royal Derby Hospital Centre
Royal Derby Hospital
Uttoxeter Road
Derby
DE22 3DT

The University of Nottingham has made every effort to ensure that the information in this brochure was accurate when published. Please note, however, that the nature of the content means that it is subject to change from time to time, and you should therefore consider the information to be guiding rather than definitive.

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A graduate entry medicine student presenting in a seminar.