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**Pre-16  
Outreach  
at the  
University of  
Nottingham  
2023/24**

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# Outreach at the University of Nottingham

The University of Nottingham's Widening Participation and Student Recruitment Outreach team works towards raising aspirations, attainment and progression to university, particularly among learners currently under-represented in higher education.

This short guide outlines the range of free activities and events we can offer your school or academy. If you would like to book any of the following activities, please complete the relevant online booking form, which can be found on the next page. We can take school bookings throughout the year, subject to availability.

## **The Gatsby Benchmarks and Career Development Framework**

We are aware of the increasing importance of the Gatsby Benchmarks (GB) and Career Development Framework (CDF). Our outreach activities are designed to support these. For your convenience, we have identified where our sessions meet the two criteria.

"Thank you for a great day! The students will have got a lot from it. It will certainly give them food for thought for the future."

Teacher feedback from *KS4 Campus Visit*

"[The In-school sessions] have inspired our students with a sense of motivation, self-confidence and positivity and the engaging and thought provoking activities have fuelled their passion for learning!"

Teacher feedback after multiple in-school sessions

"I wasn't really sure what university was about as no one in my family has ever been. I learnt a lot and realized that it can actually be fun too.!"

Student feedback from the *KS3 Campus Visit*



# Activities for your school

## Pre-16

### **Pre-16 In-school sessions:** [booking form](#)

#### **KS3: Introduction to Higher Education (GB7)(CDF1, CDF2, CDF3)**

This session introduces the concept of higher education, the range of courses, extracurricular activities and explores future career options. Delivered to groups of up to 30 students (interactive session) or in an assembly format for the whole year group.

#### **KS3: Exploring careers and post-14 options (GB2, GB3, GB4, GB7)(CDF1, CDF2, CDF3, CDF4)**

An interactive session for year 8/9 pupils that will increase their awareness of careers and associated degrees. The pupils will consider what their skills and qualities are and how to evidence these. Delivered to groups of up to 30 students.

#### **KS4: Is University right for me? (GB3, GB7)(CDF2, CDF3)**

This session explores the benefits of going to university. Students will learn how best to research, understand student finance and how university differs to school. Delivered to groups of up to 30 students (interactive session) or in an assembly format for the whole year.

#### **KS4: Building confidence and resilience (GB8)(CDF3, CDF5)**

This session allows students to explore confidence and resilience to support unexpected setbacks. Students will be introduced to coping strategies used to aid resilience for their future. Delivered to groups of up to 30 students.

#### **KS4: Memory techniques for effective studying (GB8)(CDF1)**

An interactive session to help prepare pupils for their revision and exams as well as equip them with techniques for longer-term study. Delivered to groups of up to 30 students.

#### **KS4: Careers workshop (GB2, GB4, GB7)(CDF1, CDF2, CDF3)**

An activity based session that identifies the different strengths, skills and qualifications needed for a variety of careers. The importance of networking and how this can be done successfully, will also be examined. This session is available for small groups up to 30 students.

### **Pre-16 In-school sessions (cont.)**

#### **KS4: Math revision session: Ratio and Proportion (GB3)(CDF1)**

In this math session pupils will recap key concepts and skills within Ratio and Proportion. Participants will solve complex problems relating to this topic and produce revision resources for future use. There will be an additional focus on the development of pupils' memory, teamwork and problem-solving skills. The session is designed to last 90mins and be delivered to a maximum of 30 KS4 pupils working at grade 4/5 (or above) who have covered this topic previously.

### **Pre-16 On-site at the University of Nottingham:** [booking form](#)

#### **KS3/KS4: Campus visits (GB2, GB3, GB4, GB7)(CDF1, CDF2, CDF3)**

Our campus visits are available for all year groups and can be delivered to a maximum of 60 students. The visit to the University gives students an insight into university life with the aim of raising aspirations and providing them with information, advice and guidance. Students will participate in a range of interactive workshops, meet current student ambassadors and tour one of our campuses.

### **Self-delivered materials:** [booking form](#)

#### **KS3/KS4: Interactive toolkits (GB7)(CDF3)**

Our online toolkits cover a range of topics. All sessions can last between 30mins to an hour and be delivered to any year group. We recommend these be presented within a computer-based classroom, allowing students to navigate the material individually. Topics include:

- University accommodation
- Understanding the differences between universities
- The significance of sports and societies within higher education

Further information relating to each toolkit is detailed in the booking form.



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The University of Nottingham has made every effort to ensure that the information in this leaflet was accurate when published. Please note, however, that the nature of the content means that it is subject to change from time to time, and you should therefore consider the information to be guiding rather than definitive.

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