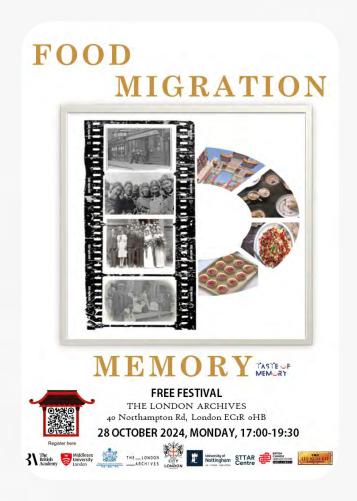
# FOOD, MIGRATION, MEMORY

Festival & Exhibition Report

Reporter: Dr. Rui Su, Middlesex University

## FESTIVAL OVERVIEW





The "Food, Migration, Memory"
Festival draws inspiration from early 20th century Chinese restaurants in the UK, highlighting the experiences of 19 British Chinese chefs and the influence of their food on today's British culinary landscape.

Through a series of hands-on activities, visitors also experience the joy of tasting new flavours while immerse own senses - sight, smell, hearing and touch - as part of memory-making experience. Activities include oral histories, tasting, collage and colouring.

Aligns with "*Taste of Memory*" Exhibition, visitors navigate the personal narratives of three generations of chefs and gain insights into their collective memoreies of living, coping, and integrating into Britsh society.

## FESTIVAL AGENDA











19 British Chinese chefs' stories



Objects of Memory, including chefs' personal collection



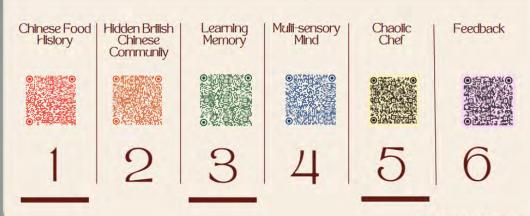
London's culinary heritage: 50 iconic Chinese restaurants



Tastes to Remember, including restaurants' donation



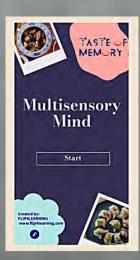
### Tasie of Memory Digital Games



Games Design by Flip4Learning

Audience "Involve and Engage" is a key priority in our festival design. We carefully curated multisensory elements, interactive displays and hands-on activities to encourage visitors' exploration and personal reflection. Digital games, in particular, encouraged audience to immerse themselves in stories, make connections, and test their knowledge in a fun way! This approach is especially appealed to those less familiar with British-Chinese cultural heritage.











FESTIVAL CREATIVITY & INNOVATION



#### The high level of audience engagement is evident in their immersive experiences. It also shows the effectiveness of our festival design. By placing audience experience at the centre, we created an inclusive cultural space for experiential learning,

### AUDIENCE ENGAGEMENT















Ming-Ai Creative Design Team

The Taste of Memory project team would like to express sincere thanks to many individuals who have dedicated their time and expertise to made this festival and exhibition possible.



### **Outcomes**

#### High Audience Engagement

The sensory and hands-on experiences, particularly the tasting and digital games, connected audiences with themes of food, migration and memory. Feedback showed audience's interests in more events that blend experinetial learning, multisensory engagement and memory-making activities.

## **Build Community Sense of Belonging**

Through curated collections,
British-Chinese chefs and their
family members saw their
stories represented, reshaping
their unique cultural identity.
The festival provided a
welcome platform where
migrant chefs, restaurant
owners, and business
investors could reflect on their
culinary heritage and build
own sense of belonging.

#### Strengthen Cross-sector Networking

The festival connected participants from restaurants, business, academia, cultural organisations and communities. Such cross-sector networking encouraged potential joint initiatives to promote cultural memory, migration representation and community engagement.



## Impact

### Community-driven Research

This project uncovered the hidden voices and coping experiences of the British-Chinese chef community. By using oral history, chefs provided their insights into their challenges and coping stories, meanwhile shaping the research agenda and exhibition narrative. This approach empowered the community, which should go beyond a collection of people. It is the living experience that relies on culture to sustain, food to inspire, and memory to continue.

#### Interdisciplinary Knowledge Exchange

The project encouraged interdisciplinary knolwedge exchange between culinary heritage, archive sector, business sector, cultural studies, migration and memory studies. Such collaborations encouraged creativity and innovation in other community-based initiatives. The knowledge exchange activities developed cross-disciplinary collaborations to uncover more hidden voices, regardless of gender, race or class.

## Social Inclusion & Multicultural Society

By celebrating the contributions of multicultural communities, this project shaped an inclusive research culture for future studies on community identity, food heritage, transgenerational memory and coping strategies. The interactive activities connected audience from different backgrounds, bridged gaps between different communities, therefore positioning cultural heritage in shaping a resilient and inclusive society.

