## **Kegworth Guide**

Your essential Students' Union guide to everything Kegworth









### **Contents**

Food and drink	4
One Kegworth	5
Your role as a housemate	6
Your role as a neighbour	7
Binformation and recycling	8
SU Advice: top tips	9
Volunteering and Fundraising	10
North West Leicestershire District Council	11
Your Students' Union Advice team	12
Tips from North West Leicestershire Fire Service	13
Make a change. Make a difference	14
Off campus student affairs	15
Health Services	16
Parking in Kegworth	18
Safety and Security	20
Welcome from North West Leicestershire Police	21
Kegworth, Derby	22

### Introduction

You are now part of a **mixed community of people** which brings about certain roles and responsibilities that are very different to living in halls of residence.

We've put together this guide to **help support you** during your time living in the community with lots of advice on how to be a **good neighbour**, **get involved and make a positive impact** on your local area.

Kegworth is a brilliant place to live, work and study and we want you to **make the most of your time** whilst you're in this great city.

## **Welcome from your Community Officer**

Hiya! I'm Muhammad Ali, and I'm your Community Officer for the next academic year 2021-22!

My job involves working with the University, City Council, Police and the SU to make sure you have the best year possible while living out in Nottingham! I'll be your voice on issues such as safety, transport, housing and much more! In particular, I'll be cracking down on substandard landlords and lettings agencies, so please check out your rights as a renter – and get in touch with me, or the SU advice team, if these are ever not being met!

Living out in the community can be a fantastic experience but does come with a bit of added responsibility to those around you! So please be the kind of person you'd want to live next door to, respect public spaces and remember – we're all part of this wonderful community, and you really do get out what you put in! I hope you have an AMAZING year!



## **Hello!** We are your Students' Union

We're an independent, student-led organisation that represents your needs, protects your rights and makes sure your voice is heard. Led by a team of elected SU Officers, we're a vibrant community 34,000 strong, made up of undergraduate and postgraduate students, SU staff and volunteers. And you're automatically a member when you join the University of Nottingham.

Visit our website to find out more su.nottingham.ac.uk

### Food and drink

There are so many great places you can go to tuck into tasty food and delicious drinks! Students living in Kegworth recommend:

### **Shops**

### **Sutton Bonington**

Pasture Lane Stores - general corner shop just past the King's Head takeaway collection service)

### **Takeaways**

### **Sutton Bonington**

King's Head (they do a

### Kegworth

### Co-op

Garage - off licence and general bits and bobs. (Closes 11pm/12 midnight)

Oaklands - meats and deli foods. It's also a café (which serves fantastic breakfast takeaways!)

Hidden Gem Kitchen - Café and takeaway

### Kegworth

The Anchor Inn (Station Road) They do a takeaway/collection service

#### Chinese

**Diamond City** (closed on Mondays) Zhen Garden (find them on Just Eat!) (Both are next to each other on Derby Road, and both deliver)

### Fish and chips

Kegworth Fish Bar (next to the garage)

### **Supermarkets**

ALDI (on the way to Loughborough) 15 minute drive

**LIDL** (in Loughborough)

**Tesco delivery** (super popular!)

**ASDA** (in Shepshed)

**Morrisons** (in Loughborough)

### Chippy

**Kegworth Chippy** (Derby Road, near Co-op. Super cheap!)

Jee Ja Jees (sit in or takeaway)

#### Pizza

Domino's (delivery or collection in Loughborough)

## One Kegworth

One Kegworth is a group of like-minded people who want to bring Kegworth together as one. The committee is made up of village residents, business owners, professionals and University students who all love where they live.

We aim to organise a variety of events throughout the year including Christmas in the Market Place, Easter Charter Market, Pop up coffee and homemade cakes; Halloween and Christmas walk round village trails; litter picks and events for children such as wild flower planting, Easter egg hunts and pumpkins fest.

By working with each other, we can bring the community together to have fun and try new things. One of our main aims is to support local businesses, clubs and societies to showcase the wide range of activities we have available in Kegworth. Our events are accessible and fun for everyone and are not to be missed!

Visit onekegworth.wordpress.com to find out more, email hello@onekegworth.co.uk or check out our facebook page @onekegworth

## Sport in Kegworth

Feeling sporty? It's a short trip to the Sutton Bonington Sports Centre and there are plenty of sports clubs and societies to get involved with on campus.

Fancy trying a new sport or picking up something from home? Visit **nottingham.ac.uk/sport/facilities/suttonbonington** 

And that's not all! Kegworth has a number of local clubs you can get involved in too, including tennis club, karate, taekwondo, tai chi, equestrian, football, cricket, and clay pigeon shooting.

There's also King George V Playing Field and grounds available to the cricket, football and tennis clubs, as well as a green bowls club. So there's loads to keep you active!

### Your role as a housemate

Sharing a house with your friends is something you'll always remember from your time at University – and as a housemate, you'll play a role in making sure shared living is a fantastic experience.



## Here are some day-to-day practicalities to help you have the best time:

As soon as everyone has moved in, **create a rota** of all the chores and tasks the whole household will have responsibility for. Whether that's washing up, cleaning the bathroom or putting the bins and recycling out, decide as a group who does what and when.

And when something isn't quite right, avoid passive aggressive notes and revenge tactics; it's super important to talk to each other!

**Spend time together.** Organise something social that involves everyone in the house – maybe a movie night or making homemade pizzas together.

**SU Advice says:** Have a chat with your housemates about visitors and acceptable noise levels. It's good to talk this through early on to make sure you all agree on house rules.

## Your role as a neighbour

Kegworth has a population of around 3,700 residents, and about 640 of these are students. So you'll be part of an established and diverse village community, which might include living next to a young family or older people. Your role as a neighbour is really important as you can look out for each other, get to know new people and feel more at home where you live.

### Things you could do:

Say hello! Even if you live in an area that's home to lots of other students you are still part of a mixed community with many long-term residents

Ordering a taxi? Remember to ask the driver not to sound their horn when they arrive as it can disturb your neighbours. And wait inside for the taxi to arrive to avoid noisy gatherings on your doorstep.

Heading out for the night? Be considerate of sleeping residents and keep the noise down as you walk into town and head home at the end of the night.

Want to have your say in how your local authority is run? Remember to register to vote: gov.uk/register-to-vote

## **Binformation and recycling**



- Keep on top of your waste and use the correct container – remember to keep glass in a separate red box to plastic, cans and tins!
- Download your bin calendar so you don't miss a collection day
- Take your bins off the street as soon as they've been emptied
- Rinse your red box recycling and fasten the lid
- Squeeze and squash plastic, cans and tins to fit more in the red box
- Support the environment by recycling as much as possible.



### Find all the information you need at:

- nottingham.ac.uk/go/recycling
- nottingham.ac.uk/go/generalwaste

## SU Advice: top tips

Follow SU Advice's top tips to keep your home clean, tidy and comfortable.



Try to keep the house clean.
Think about drawing up a cleaning rota - it's a good way to prevent squabbles with your housemates!



2 Make sure you heat and air the house properly.



Check smoke alarm batteries every week and change lightbulbs when you need to.



Be careful what you put down your sink and toilet!



Check if you have responsibility for maintaining the garden, as some contracts specify that you do.

Want to take a look at the full Moving In Guide?

su.nottingham.ac.uk/advice/housing-advice/moving-in

### **Volunteering and Fundraising**

Volunteering and fundraising at the University of Nottingham Students' Union are led by Karnival, UoN's student-led raise and give (RAG) service.

Through Karnival's fundraising work, they support charities locally, nationally and internationally. Running events for our students to enjoy and supporting diverse causes. They also run challenges, such as the London2Paris cycle, skydiving or the Kilimanjaro base-camp trek.

Through their volunteering work, Karnival's 'Kontact' service provides and publicises opportunities for students to give back to their local community. Whether it be on a one-off basis or through a longer-term commitment.

Karnival also recruits Karnival reps to help put on events, or help with their fundraising or volunteering sections.

It's easy to get started, just simply get in touch with Karnival using the details below and they can help you.

### Get in touch

Email: karni@uonsu.com

Facebook: @NottsKarni

Twitter: @NottsKarni

Instagram: @nottinghamkarnival





## North West Leicestershire District Council supporting students

North West Leicestershire District Council is your local authority and as a local citizen you have access to a whole host of information and services.

- Bin collections
- Recycling and refuse
- Improving your environment
- Community safety
- Housing
- Your local councilors
- Community support and advice
- What's on
- Leisure services
- Parks information
- Markets



### To access all this information

Visit nwleics.gov.uk Twitter twitter.com/NWLeics or Facebook This Is NWLeics

### Your Students' Union Advice team

Students' Union Advice provide free, impartial advice and information to all University of Nottingham students.

Independent of the University, the Advice team is made up of permanent members of Students' Union staff and our service is completely confidential.

We provide information and advice on a wide range of issues affecting students such as:

**Housing advice** – house hunting, contracts, deposits, issues with landlords, disrepair, disputes with housemates etc

Money advice – funding, debt, budgeting, benefits and tax credits etc

**Course advice** – extenuating circumstances, academic appeals, complaints, student code of discipline etc



### Get in touch

E: suadvice@nottingham.ac.uk

**T:** 0115 846 8730

 $\textbf{Office:} \ \mathsf{C} \ \mathsf{floor}, \mathsf{Portland} \ \mathsf{Building}, \mathsf{University} \ \mathsf{Park}$ 

You can find out more information about our service at

su.nottingham.ac.uk/advice

## Tips from North West Leicestershire Fire Service to help you protect your home from fire

#### PROTECT YOUR HOME

- » Fit at least one smoke alarm on every level in your flat
- » Don't fit it in your kitchen or bathroom as this may cause false alarms
- » Test regularly
- » Never take the batteries out
- » Always follow the manufacturers advice
- » Report any damage to firefighting equipment, fire alarms, fire doors and fire escapes





Find out more https://leics-fire.gov.uk/your-safety/

## Make a change. Make a difference

The University is taking a stand against climate change and setting ambitious carbon reduction targets. We want to slash our carbon emissions by more than half by 2030, and every one of us has a part to play.

Wherever you're living, you can make a difference. Even the smallest actions add up to big impact. Every sustainable change we make takes us closer to our goal.

So let's get going!

### Green Rewards

We're making it easy (and rewarding!) for students to take positive environmental actions

Green Rewards is an online platform and mobile app where you can record your sustainable activities. In return you'll earn Green Points and the chance to win vouchers for yourself and charity donations for your team. Plus, many of the actions are not only good for the planet but good for your pocket too!

Sign up to Green Rewards now: uon.greenrewards.co.uk

Find out more about sustainability at Nottingham: nottingham.ac.uk/sustainability

## Be sustainable, get rewarded













Sign up now at: uon.greenrewards.co.uk

greenrewards





## Off campus student affairs

Many of you choose to move off-campus to areas like Kegworth during your time at University. We have lots of info, advice and guidance available to support you when you become a member of your local off-campus community.

This includes guidance on what it takes to manage your private home, advice on being a good neighbour and ambassador for the University, as well as important information on crime prevention and safety. Our team are here to help you make the most of living in your local community.

Visit nottingham.ac.uk/yourcommunity to find out more.

## **Reporting Issues**

The University expects students to act in accordance with the University Code of Conduct and to be ambassadors for the University. If you find an occasion where this isn't being observed please contact us via our helpline. This 24-hour helpline offers you and local residents the opportunity to let the University know about any issues of concern you may have. Please leave a message about anything from noisy neighbours to uncollected rubbish.

Messages are quickly dealt with, but this isn't an emergency helpline.

#### 0115 846 8666

Alternatively, please email offcampus@Nottingham.ac.uk

### **Health Services**

### **Orchard Surgery**

The Dragwell, Kegworth, Derbyshire DE74 2EL

T: +44 (0) 1509 672 419 W: kegworth.net

### **Cripps Health Centre**

University Park Nottingham NG7 2QW

T: +44 (0) 115 846 8888



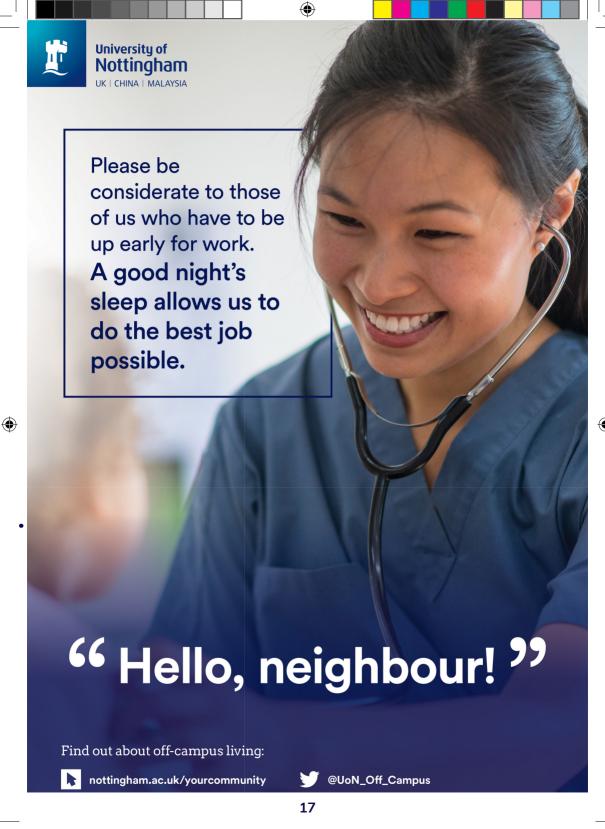








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## Parking in Kegworth

Parking spaces are in really short supply in Kegworth, so please think of others if you have a car with you – particularly if you have more than one car in your household. Try not to park on the pavement as it can cause problems for people who use wheelchairs and pushchairs.

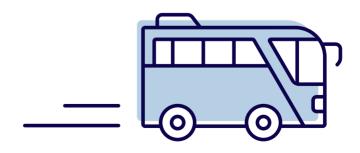
### **Kegworth Parish Council**

If you want advice on local matters, to find out about events or to pick up a Neighbourhood Watch pack, pop into the office on 1 London Road or call **+44 (0) 1509 670204**.

Find out more and check opening hours **kegworthparishcouncil.gov.uk** 

## **Public Transport**

- You can catch the Sutton Bonington 901 Hopper bus from University Park campus
- The most useful public transport is the Skylink, which goes from Leicester to Derby, usually every half an hour to hour. Check out their website for up-to-date timings
- Train: East Midlands Parkway station is a few miles away.
  From here, you can catch the train to London and Nottingham
- Bus service 865: runs between Kegworth and Clifton https://www.nottinghamshire.gov.uk/ media/1528925/865-bus-timetable.pdf



18

### Taxi

### Sometimes a taxi is the best option.

We've joined forces with **UNICAB** to bring you the Safer Taxi Scheme so that you'll always be able to get home safely.

## Text UNICAB to 80818 or call +44 (0) 115 950 0500

to use a **fixed price list or the emergency taxi** scheme. For more information visit <a href="https://unicab.app">https://unicab.app</a>

The UNICAB scheme is subject to change so please check the SU website for up-to-date information.







## Safety and security

- Want to know what's happening in your local area? Sign up for Police Neighbourhood Alerts: neighbourhoodlink.co.uk
- Register your valuables for free with Immobilise.com
- SU Advice top tip: Keep the property secure – use the window locks and burglar alarm (if you have one) and keep your front door locked as much as possible

- If everyone is hanging out in the top floor bedrooms, make sure you lock the front door
- Don't leave laptops, phones, keys or other valuables in reach or view of an open window

Find lots of safety and security advice at:

nottingham.ac.uk/go/citysafety



# Welcome from North West Leicestershire Police



Leicestershire Police provides a policing service to the people of Leicester, Leicestershire and Rutland 24-hours a day, 365-days of the year. There is a rich diversity of communities all with their own policing needs.

Valley Beat Team Your Dedicated Neighbourhood Team (DNT) is a group of local police officers dedicated to serving and helping you during your student life, particularly those of you living in Kegworth.

We will listen to your concerns, offer advice on any problems you have and, working closely with local authorities, community leaders and residents, help to make Kegworth and the other surrounding villages a safe area to live. Working within the community helps us to find useful, long-term solutions to local problems.

Please feel free to contact us for advice, support or to report a crime by one of the methods below:

http://www.leics.police.uk – please visit this site for lots of Crime Prevention Advice Non urgent: telephone 101

**Urgent:** telephone 999



### **Neighbourhood Link:**

Neighbourhood Link is a community messaging service from Leicestershire Police that provides news and information about policing activity or initiatives, crime prevention advice as well as major incidents affecting your area.

Sign up to Neighbourhood Link: https://www.neighbourhoodlink.co.uk/

We wish you a safe and happy time with us on the valley beat.







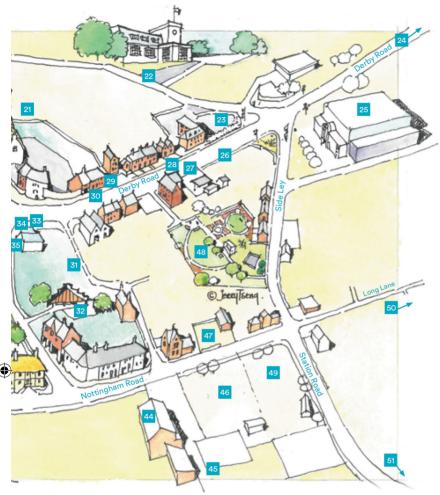


- 2. Tonic Hairdressers
- 3. Co-op and Cash Point
- 4. Soar Trading local produce and equine provisions
- 5. Barbers
- 6. Physio
- 7. Dog and Jones pet shop
- 8. Je Jaa Jees Indian eat in and takeaway
- 9. Thomas James Estate Agents and Tassi Lettings
- 10. Oaklands deli, butchers and cafe
- 11. Hidden Gem Cafe and Takeaway
- 12. Geda Construction

- 13. The Methodist Church
- 14. Coach House Pub
- 15. Red Lion Pub
- 16. The Baptist Church
- 17. Kegworth Primary School
- 18. Kegworth Library
- 19. Kegworth Heritage Centre
- 20. Gateway Serviced Apartments
- 21. Kegworth Nursery
- 22. Best Western Yew Lodge Hotel and Marco Pierre White
- 23. Kegworth Hotel and Conference Centre
- 24. Paintballing
- 25. Refresco







- 26. Chip shop; fuel; groceries
- 27. Chinese Takeaway Diamond City
- 28. Chinese Takeaway Zhen Garden
- 29. Kegworth Chippy and Pizza
- 30. Tattoo shop/barbers
- 31. Cap and Stocking Pub
- 32. Doctors Surgery
- 33. Newton Fallowell
- 34. Flowers by Frederika
- 35. Picture This Gallery and Framing
- 36. Boots
- 37. Gastall Dog Grooming
- 38. St Andrews Church
- 39. Cutting Cottage Hair

- 40. Lovage Estate Agents and Lettings
- 41. Arka Sight Care
- 42. MRvapes
- 43. RiRi Beauty
- 44. Kegworth Village Hall
- 45. Tennis Club
- 46. Kegworth Imps Football
- 47. Kegworth Bowls Club
- 48. Sideley Park
- 49. Kegworth Cricket Club
- 50. Long Lane Equestrian and kennels
- 51. Anchor Pub

## Follow us:

Twitter: @UoNSU

Facebook: @UofNSU

Instagram: @uonsu

su.nottingham.ac.uk

Created in Partnership with: The University of Nottingham,

The Guild and One Kegworth







