



Lizzie

The point at which a joint does not move easily.



Paul

I think its the physiotherapist's perception of a perceptible change in energy levels (can be expressed as a function of force) required to be put into the tissue to effect and maintain movement at a set and constant speed (r_1) and the point at which the applied force maintained at a set constant speed (again can be expressed as a function of energy) is perceived by the therapist to be equal to or exceeded by that that of the tissue force (r_2).



Heather

There are two thoughts in relation to this. What you might consider as normal resistance and greater or lesser than normal resistance.

However normal resistance is in my mind when you apply a pressure or move the joint and a feeling of opposition to that movement occurs which means that more pressure or force is required to combat that to get to end of normal joint range. It is when the tissues are being challenged to support the joint structure towards its end of range.



Roger

The feeling you get whilst taking a joint through a range of movement when you judge that you have to increase your force in order to maintain the same rate (speed) of motion.