

Developing a falls management tool for adults with a learning disability

ISSUE 5- October 2024

ALD ACTION FALLS

Welcome to the Fifth edition of our newsletter. This issue is to inform you that we are starting the project again! Please look out for more information as we will update you on some exciting developments!

Have a wonderful day!

What is the study about?

The study aims to develop a falls management tool to support adults with a learning disability (and those working with them) to think about the reasons they might fall and what could be done to reduce the chance of falling.

What have we done so far?

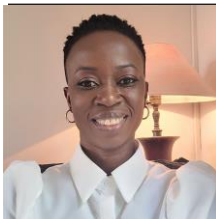
- We have completed our interviews with the help of adults with a learning disability, carers and healthcare professionals.
- From the interview feedback, we have decided to make two parts to the tool- one part aimed at clinicians and the other part aimed at adults with a learning disability and carers to be able to use.
- The content of the tools has been checked by a group of clinical experts.
- We have developed the clinician tool and adults with a learning disability and carers tool.

What's next for the study?

The tool is not yet available as it is still in development. We are just about to start the final stage of the development of the tool in October 2024. This will involve a small number of clinicians, adults with a learning disability and carers trying out the tool and letting us know what they think. We hope to have this all done by March 2025. The feedback we get on the tool will help us to decide what we need to do next and whether the tool can be shared or whether more work on it is needed.

Spotlight on the team!

A little bit about us...



Joy Agbonmwandolor

I am a healthcare scientist. I work as a research practitioner at NUH. I am the researcher for this study. I look forward to speaking and spending time with people as they complete the falls management tool. I'm excited about this project!



Miriam Golding-Day

I am the Principal Investigator for the study and an Orthotist/Prosthetist. I work as a Research fellow with a special interest in supporting older people and adults with learning disabilities in being involved with research and empowering them in their health and social wellbeing.



Dr Katie Robinson

I'm the chief investigator and study lead for this project. I am an academic physiotherapist with experience in developing and implementing evidence-based interventions to support falls management and rehabilitation.

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If you would like to take part in this study or require further information, please contact us:

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We'd love to hear from you!