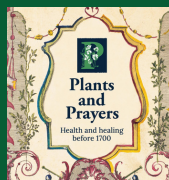


# Plants and Prayers at Bromley House Library - Events & Exhibition April & May 2024



## Plants and Prayers

Saturday 20th April 11am to 12noon

The co-curators of the exhibition, Dr. Erin Connelly and Dr. Christina Lee, will discuss the major themes of health and healing before 1700, including the diverse range of practitioners involved in caring for the body and soul, characteristics of medicines, influences from alchemy, and what we can learn today from historical practices.

Library members £5, Non members £6

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## Meet a Medieval Doctor

Saturday 20th April 12.30 to 3.30pm

Find out about the medicines and charms used by early medieval English people by talking to Wulfhild, our 10th-century “leech” or doctor. Come and see, touch and smell some of the plants and other natural materials used to treat a range of illnesses. Bloodletting is optional!

Free - drop in to see the Doctor.



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## Books on Prescription: Nottingham's Historic Medical Lending Libraries

Wednesday 8th May 2pm - 3pm

The Nottingham Medico Chirurgical Society, one of the oldest in the country and still thriving, has over 1000 books in its historic library, which is housed at the University of Nottingham. Join archivist Kathryn Steenson as she talks about the history of the society and its wonderful archive and rare book collections.

Library members £5, Non members £6





## **Sweet and Sour Synergy: Oxymel as a Past and Future Medicine**

Saturday 25th May 11am to 12noon.

Oxymel, a combination of honey and vinegar (and medicinal plants), has been used for centuries, across cultures, as a remedy for wounds and infections in historical and traditional medical settings. Dr. Erin Connelly will discuss the results from recent laboratory experiments performed at the University of Warwick exploring the antibacterial and antibiofilm activity of acetic acid and vinegar combined with medical-grade honeys, and the potential for clinical applications. Frances Watkins will discuss the use of oxymels as wound healing remedies in early medieval Latin and Old English texts.

Library members £5, Non members £6

### **Exhibition - Bromley House Library April & May 2024**

This exhibition explores medicine, care, and healing before 1700 and some of the changes that led to the development of medicine as we know it today. Jointly curated by University of Nottingham Libraries, Manuscripts and Special Collections and Dr Christina Lee, School of English, University of Nottingham, and Dr Erin Connelly, School of Life Sciences, University of Warwick.

### **BOOKING INFORMATION**

All lectures & events take place at Bromley House Library, Angel Row, Nottingham NG1 6HL. Regrettably Bromley House has no lift, and access includes several flights of stairs. If you have questions about access please contact the library. Live stream options available for some sessions.

**To book online visit [www.bromleyhouse.org/events](http://www.bromleyhouse.org/events)**

Alternatively scan the QR code.

To book direct with the library please call 01159 473134

or email [enquiries@bromleyhouse.org](mailto:enquiries@bromleyhouse.org)

