

Theatre and Dementia: using our imagination
Wednesday 28 and Thursday 29 June 2017,
Sir Colin Campbell Building, Triumph Road, Nottingham, NG7 2TU



Organised by: Tanya Myers, Arti Prashar, Nicola Shaughnessy and Tom Dening

INTRODUCTION

Over the two days we will create an immersive environment, which will include sensory interaction. We will use drama and theatre to explore how we connect with each other: how we express or share our thoughts and feelings, our likes and dislikes.

The experience will be based on everyday routine and our sense of togetherness, enjoyment and community. We would like all participants to be involved fully over the course of the two days, so our tea and lunch breaks are as important as the formal activity planned.

Our approach will be person-centred and responsive to individuals throughout the two days. Throughout we will be inclusive and accessible to all: people living with dementia, carers, academics and artists. We will:

- Present a range of artists, and their theatre practice and thinking around dementia
- Demonstrate the effectiveness of theatre as a positive part of the lives of people living with dementia
- Record ideas by asking participants to write, take photos, audio-record their thoughts, or draw
- Record participants' responses to ideas by asking them to write, take photos, audio-record their thoughts, or draw

We ask that you dress for comfort, come with an open mind, and be ready to have your imagination excited.

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DAY 1 Wednesday 28 June 2017

Location: Room B03, Sir Colin Campbell Building, Triumph Road, Nottingham, NG7 2TU

Time	Activity
10.30	Arrival, welcome, tea and coffee available
11 – 11.30	A welcome with sound/music - Arti Prashar
11.30 – 12.00	Interactive exercise - Nicola Shaughnessy and Arti Prashar
12.00 – 12.45	Time Slips – Tanya Myers (based on Anne Basting’s work)
1.00 – 2.00	Lunch (possibly outside)
2.00 – 3.00	The Garden: a non-verbal show designed for people living with dementia by Spare Tyre theatre company (Arti Prashar)
3.00 – 3.30	Tea/Coffee break
3.30 – 4.00	Recording our thoughts of the show/reflection on the - Arti Prashar
4. – 4.30pm	Update on Dementia, Arts & Wellbeing Network - Paul Crawford/Justine Schneider Day 2 will be talked through by planning team
4.30pm	Close of Workshop Day 1
	Check-in for those staying at the Walton Hotel, 2 North Road, The Park Estate, Nottingham, NG7 1AG, United Kingdom
6.00 – 9.00pm	Working dinner – mainly for artists and academics but all are welcome

DAY 2: Thursday 29 June 2017

Location: Room B03, Sir Colin Campbell Building, Triumph Road, Nottingham, NG7 2TU

Time	Activity
9.30	Arrival, welcome
10 – 11.30am	'Theatre of Things' Objects and puppets workshop - Tanya Myers and Nenagh Watson
11.30	Coffee/Tea break
12.-1pm	'The me in DeMENTia': exploring the reflective voice - Nicola Shaughnessy and Gemma Williams
1.00- 2.00	Lunch
2 – 3pm	Dialogues with dementia: what have we learnt to date: Reflection time - Nicola Shaughnessy and Arti Prashar Dementia café feedback - Tanya Myers/Victoria Tischler
3 – 3.30pm	Final thoughts and forward planning - Tom Denning and Justine Schneider
3.45pm	Close of Workshop on Theatre and Dementia

