



A look back at October – a busy breast cancer awareness month for NBCRC

Awareness event

A huge thank you to our 4 breast cancer patients who volunteered to share their individual stories at our virtual breast cancer awareness event. Many in our audience found it very humbling, but also incredibly motivating – the talks giving them a new perspective on the patient experience.

Wear Pink

On 20 Oct, NBCRC members at University Park and at City Hospital came together IN PINK to raise awareness of and to celebrate the breast cancer research that is carried out in Nottingham.



Sponsorship launch – NUMFC



Members of the Nottingham University Medics Football Club (including Ladies President Gabby Johnson) are seen here modelling their new kit sponsored by NBCRC. This exciting new partnership will create opportunities for medical students to connect with NBCRC researchers and clinicians. NUMFC will, in return, be raising awareness of the centre amongst a new audience and raising vital funds for NBCRC. We wish them every success and encourage our members to go along to cheer on the team.

Breast Cancer in older women

Prof KL Cheung of NBCRC sits on the Clinical Steering Committee of NABCOP (The National Audit of Breast Cancer in Older Patients). Please see details of their annual reports below.

Full report: <https://www.nabcop.org.uk/reports/nabcop-2021-annual-report/>

Patient report: <https://www.nabcop.org.uk/reports/nabcop-2021-public-and-patients-annual-report/>

Marathon success

Congratulations to Clover, Liz, Rachael and Mick who completed their marathon runs and collectively raised well over £4000 for NBCRC. An amazing effort, thank you all so very, very much!!



Get social

If you already follow us on social media then you will have seen that throughout October we shared short updates about the 6 pilot grants that have been funded by NBCRC, as a direct result of your generous donations – all projects have generated promising early data.

And if you don't yet follow us, then please check out these social media links.

[Facebook.com/NottmBreastCancerResearchCtr](https://www.facebook.com/NottmBreastCancerResearchCtr)

[Twitter.com/NottmBCRC](https://twitter.com/NottmBCRC)

<https://www.instagram.com/nottsbreastcancer/>

NBCRC are pleased to announce MCF studentship



NBCRC full members will shortly be invited to submit project proposals for a breast cancer PhD studentship funded by the Masonic Charitable Foundation. Look out for this information dropping into your inbox very soon!



A unicorn that does all things breast – a day in the life of an oncoplastic breast surgeon

Miss Georgette Oni

It's not every day you hear that as means of introduction, but this is how I commonly introduce myself. Why? Because I am one of a handful of Plastic Surgeons who's day to day working practice involves both breast oncology and plastic surgery. This means that I am unicorn in what I do and my working week revolves around diagnosing, treating and educating in the field of breast cancer. My working week is varied and I am passionate about what I do. I do clinics, operating and research – sometimes all in the same week.

My typical week will involve clinics in which I will tell a patient their diagnosis, or plan their surgery or check on how they are doing after their surgery. My operating lists can range from a one hour lumpectomy cases through to a six hour microsurgery breast reconstruction. My research ranges from patient experience through to health inequalities and has allowed me to work both with clinicians and non-clinicians and build networks and friendships. But this has also allowed me to extend that passion to philanthropic pursuits. I am a Management Committee Member of the Nottingham Breast Cancer Research Centre, a trustee at Breast Cancer Now, the founder of the 'Let's talk about Black women and breast cancer' annual conference which aims to improve the poor outcomes in breast cancer for Black women (link below), and a mentor to numerous budding surgeons who want to get into this field so that one day I will no longer be a unicorn.

[Let's talk about Black women and Breast Cancer 3rd annual conference – The wellness event \(on24.com\)](#)

A recent podcast discussion lead by Georgette - ["Whose breast cancer service is it anyway?"](#)

Well done!

Congratulations to NBCRC member Dr Rachel Lee who won the BJ Kennedy Award for the Best e-Poster at the annual conference of the International Society of Geriatric Oncology (SIOG), 4 & 5 Nov. Rachel, a core surgical trainee in East Midlands, worked on a project on breast cancer reconstruction in older women with Miss Ruth Parks, Clinical Research Fellow, Professor Kwok-Leung Cheung, and their collaborator, Dr Maria-João Cardoso from Portugal.

NBCRC needs you – can you help?

NBCRC greatly values the input we have from patients - at our awareness events, as part of our pilot grant process, and not least for your tremendous fundraising efforts! To ensure that our activities continue to be guided by the voice of those most affected by breast cancer we are looking for input from the lay public (patients themselves, family members or close friends) who are willing to be involved in one or more of the following areas:

- **raising awareness of breast cancer**
- **objectively evaluating research proposals, adding the patient voice to that of specialists in the field**
- **leading on fundraising initiatives**

We are forming a **NBCRC patient & supporter engagement group** which will meet every 2 or 3 months and report to the NBCRC Management Committee. The group will be co-ordinated by Prof Stewart Martin (Director, NBCRC) and Carol Pairaudeau (NBCRC Administrator and former BC patient). By signing up and getting involved in this group you are committing to being involved in one or more of the areas listed above, but don't worry if you cannot attend every meeting – the topic under discussion will vary and you will be notified in advance so that hopefully you can attend those that are most relevant to your interests. Please contact Carol on nbcrc@nottingham.ac.uk to sign up or ask any questions. We truly appreciate your input.

Next NBCRC Research Seminar Thurs 25 Nov 4-5pm

Prof Jacqui Shaw, University of Leicester
Liquid biopsies: blood tests for detection and monitoring of breast cancer

HOW TO GIVE

Every little bit helps with **100% of all money donated going directly to our research**. If you would like to support breast cancer research, here in Nottingham, you can make a single gift or set up a regular donation amount at:
<https://bit.ly/NBCRCDonation>

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